

# LESSON 10

## Jeopardy



**OBJECTIVE:** Students understand how alcohol can harm their brain development.

**GRADE LEVEL:** 6-12

**TOPIC:** The Brain

**TIME:** 30-45 minutes

**VOCABULARY:** SADD, Alcohol

**MATERIALS NEEDED:** Computer or TV screen

### STARTER:

- Review that SADD is an acronym for Students Against Destructive Decisions.
- Ask the students if they remember how old you are when your brain is fully developed. Answer: 25
- Remind the students that this does not mean they are done learning by 25. It just means their brain is done developing and growing.

### ACTIVITY:

- The activity is a jeopardy review game.
- Break the class into two groups.
- Instructions below for how the jeopardy game works.
- Answers to questions are written below.

### WRAP UP:

- Remind students that alcohol is very dangerous, especially for people under the age of 25.
- Their brains are still developing, and we want to keep them safe.

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### How to Use:

- Click begin slideshow.
- When you click on a money amount, it brings you to a question. If the student answers correctly, give the appropriate amount underneath Team 1 or Team 2.
- To return to the main screen, click the back arrow in the top left of the screen.
- If points need to be reset, you can do so on the main screen. It is in the top right corner.

### Jeopardy Answers:

#### Brain Knowledge:

- \$100: **25** is how old you are when your brain is fully developed.
- \$200: **Hippocampus** stores memories.
- \$300: **Coordination** is what your cerebellum is in charge of.
- \$400: The **Cerebral Cortex** is in charge of your decision-making skills.

#### Alcohol Facts:

- \$100: **True**-Alcohol is a drug.
- \$200: **True**-Alcohol can hurt your brain development
- \$300: **False**-Alcohol can affect multiple parts of your body.
- \$400: **Stress and peer pressure** are just two examples of why someone may feel the need to drink alcohol.

#### How to Say No:

- \$100: Politely say no, make an excuse, avoid the situation, or tell the person about your values on why you choose not to do those things.
- \$200: "My brain is still developing, and I do not want to damage it." "It is illegal for me to drink. I don't believe in doing something illegal," etc.
- \$300: "Sorry, I have to drive home later." Or "I have to go see my parents after this, and they'll know." etc.
- \$400: "I'll get back to you." Or walk away